

Your Personalized ... Daily Skin Care Regime ...

Welcome to Vitasence! You'll find in this section a guide to help you select the right Vitasence products for your personal skin care needs. These are categorized into 5 different regimes for your easy reference. Of course, there're no hard and fast rules here. You may choose to add or skip a step, or mix and match the products to come up with your own unique regime. The possibilities are endless here! And if you have any question, just drop us an email or helpdesk request anytime and our friendly beauty advisors will respond to you very quickly!

Regime 1: Basic Regime

This is for you if:

- Your skin is problem-free
- You just want a simple, fuss-free maintenance programme

Here's what you need to do:

Morning:

Step 1: Cleanse your skin with Cleansing Mousse with Amino Acid

Step 2: After patting your skin dry with a clean towel, pour a small amount of Revitalising Tonic onto your palm and apply directly onto your face and neck. You could pat your skin gently at this point to promote absorption and stimulate circulation.

Step 3: Apply a small amount of Soothing Moisturiser with Antioxidant onto your face and neck.

Step 4: After your skin has completely absorbed Soothing Moisturiser, apply Protective Hydrator onto your face and neck.

You're now ready to start a brand new day!

Night:

Step 1: Cleanse your skin with Cleansing Mousse with Amino Acid

Step 2: After patting your skin dry with a clean towel, pour a small amount of Revitalising Tonic onto your palm and apply directly onto your face and neck. You could pat your skin gently at this point to promote absorption and stimulate circulation.

Step 3: Apply a small amount of Soothing Moisturiser with Antioxidant onto your face and neck.

You're now ready for a good night's sleep!

Regime 2: Pore Refining Regime:

This is for you if:

- *Your skin has comedones, clogged pores and occasional pimples*
- *Your skin has large, open pores.*
- *Your skin has acne marks and scars*

Here's what you need to do:

Morning:

Step 1: Cleanse your skin with Cleansing Mousse with Amino Acid

Step 2: After patting your skin dry with a clean towel, pour a small amount of Revitalising Tonic onto your palm and apply directly onto your face and neck. You could pat your skin gently at this point to promote absorption and stimulate circulation.

Step 3: Apply Pore Clarifying Essence onto the entire face and massage until completely absorbed by the skin.

Step 4: Apply Soothing Moisturiser with if you feel that your skin needs extra moisturizing.

Step 5: After your skin has completely absorbed Soothing Moisturiser(if applicable), apply Protective Hydrator onto your face and neck.

You're now ready to start a brand new day!

Night:

Step 1: Cleanse your skin with Cleansing Mousse with Amino Acid

Step 2: After patting your skin dry with a clean towel, pour a small amount of Revitalising Tonic onto your palm and apply directly onto your face and neck. You could pat your skin gently at this point to promote absorption and stimulate circulation.

Step 3: Apply Cell Renewal Serum. If this is your first-time using Cell Cell Renewal Serum, you should apply it nightly for the first 6 nights. Thereafter, apply only 2 to 3 times per week will be sufficient. There will be some stinging sensation but this is perfectly normal.

Step 4: Apply Pore Clarifying Essence onto the entire face and massage until completely absorbed by the skin.

Step 5: Apply a small amount of Soothing Moisturiser with Antioxidant onto your face and neck.

You're now ready for a good night's sleep!

Regime 3: Anti-Acne Regime:

This is for you if:

- *Your skin experiences pimple breakouts, comedones, and clogged pores.*
- *Your skin has acne marks and scars.*
- *Your skin is inflamed and reddish.*
- *You want clearer, blemish-free skin.*

Here's what you need to do:

Morning:

Step 1: Cleanse your skin with Cleansing Mousse with Amino Acid

Step 2: After patting your skin dry with a clean towel, pour a small amount of Revitalising Tonic onto your palm and apply directly onto your face and neck. You could pat your skin gently at this point to promote absorption and stimulate circulation.

Step 3: Apply Pore Clarifying Essence onto the entire face and massage until completely absorbed by the skin.

Step 4: Apply Acne Detox Serum onto the affected areas. Massage until completely absorbed by the skin.

Step 5: Apply Protective Hydrator onto your face and neck.

You're now ready to start a brand new day!

Night:

Step 1: Cleanse your skin with Cleansing Mousse with Amino Acid

Step 2: After patting your skin dry with a clean towel, pour a small amount of Revitalising Tonic onto your palm and apply directly onto your face and neck. You could pat your skin gently at this point to promote absorption and stimulate circulation.

Step 3: Apply Cell Renewal Serum. If this is your first-time using Cell Renewal Serum, you should apply it nightly for the first 6 nights. Thereafter, apply only 2 to 3 times per week will be sufficient. There will be some stinging sensation but this is perfectly normal.

Step 4: Apply Pore Clarifying Essence onto the entire face and massage until completely absorbed by the skin.

Step 5: Apply Acne Detox Serum onto the affected areas. Massage until completely absorbed by the skin.

You're now ready for your beauty sleep!

Regime 4: Age-Defying Regime:

This is for you if:

- *You want to have firmer and more youthful looking skin.*
- *You want to 'age-proof' your skin.*
- *You want a radiant, healthy glow.*
- *Your skin needs a boost.*
- *Your skin is recovering from cosmetic surgery.*

Here's what you need to do:

Morning:

Step 1: Cleanse your skin with Cleansing Mousse with Amino Acid

Step 2: After patting your skin dry with a clean towel, pour a small amount of Revitalising Tonic onto your palm and apply directly onto your face and neck. You could pat your skin gently at this point to promote absorption and stimulate circulation.

Step 3: Apply Rejuvenating Serum onto your face and neck and massage gently until completely absorbed.

Step 4: Apply Enhancing Eye Treatment around your eye area.

Step 5: Apply Protective Hydrator on your face and neck.

You're now ready to start a brand new day!

Night:

Step 1: Cleanse your skin with Cleansing Mousse with Amino Acid

Step 2: After patting your skin dry with a clean towel, pour a small amount of Revitalising Tonic onto your palm and apply directly onto your face and neck. You could pat your skin gently at this point to promote absorption and stimulate circulation.

Step 3: Apply Cell Renewal Serum. If this is your first-time using Cell Renewal Serum, you should apply it nightly for the first 6 nights. Thereafter, apply only 2 to 3 times per week will be sufficient. There will be some stinging sensation but this is perfectly normal. (Do not perform this step if your skin has just undergone micro-dermabrasion, chemical peels, laser or cosmetic surgery less than one month ago).

Step 4: Apply Rejuvenating Serum onto your face and neck and massage gently until completely absorbed.

Step 5: Apply Enhancing Eye Treatment around your eye area.

You're now ready for your beauty sleep!

Regime 5: Skin Whitening Regime:

This is for you if:

- *You want clearer, brighter and fairer skin.*
- *You want to lighten brown spots, freckles or skin pigmentation.*
- *You want your skin to look firm and youthful.*

Here's what you need to do:

Morning:

Step 1: Cleanse your skin with Cleansing Mousse with Amino Acid

Step 2: After patting your skin dry with a clean towel, pour a small amount of Revitalising Tonic onto your palm and apply directly onto your face and neck. You could pat your skin gently at this point to promote absorption and stimulate circulation.

Step 3: Apply Rejuvenating Serum onto your face and neck and massage gently until completely absorbed.

Step 4: Apply Enhancing Eye Treatment around your eye area.

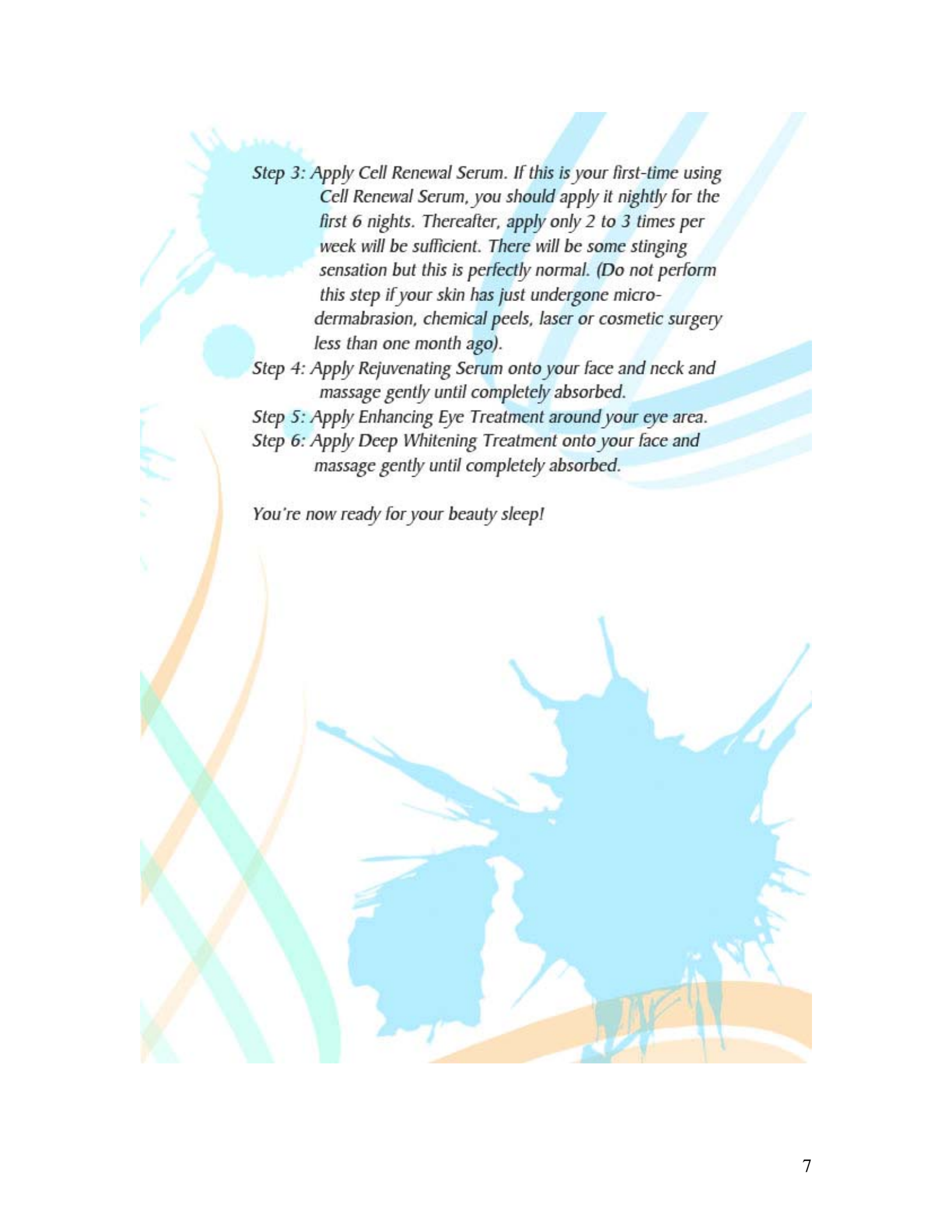
Step 5: Apply Protective Hydrator on your face and neck.

You're now ready to start a brand new day!

Night:

Step 1: Cleanse your skin with Cleansing Mousse with Amino Acid

Step 2: After patting your skin dry with a clean towel, pour a small amount of Revitalising Tonic onto your palm and apply directly onto your face and neck. You could pat your skin gently at this point to promote absorption and stimulate circulation.



Step 3: Apply Cell Renewal Serum. If this is your first-time using Cell Renewal Serum, you should apply it nightly for the first 6 nights. Thereafter, apply only 2 to 3 times per week will be sufficient. There will be some stinging sensation but this is perfectly normal. (Do not perform this step if your skin has just undergone micro-dermabrasion, chemical peels, laser or cosmetic surgery less than one month ago).

Step 4: Apply Rejuvenating Serum onto your face and neck and massage gently until completely absorbed.

Step 5: Apply Enhancing Eye Treatment around your eye area.

Step 6: Apply Deep Whitening Treatment onto your face and massage gently until completely absorbed.

You're now ready for your beauty sleep!